



NYRR NEW YORK ROAD RUNNERS

SEPTEMBER 30, 2018 • 8:00 a.m. • 10 MILES



KEY

- Start
- Finish
- Mile Markers
- Kilometer Markers
- Course Route
- Water Stations
- Gatorade® Endurance Formula
- Biofreeze™ Sample Zone
- Toilets
- Entertainment
- Medical Aid
- Rising New York Road Runners at the New Balance Bronx 10 Mile
- Metro-North Railroad

RACE-DAY CENTRAL

- Number Pickup
- Bag Check
- Water Station
- Gatorade® Endurance Formula
- Toilets
- Medical Aid
- Volunteer Check-in

ELEVATION CHART
(NOT TO SCALE)






















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-  Water Stations
-  Gatorade® Endurance Formula
-  Toilets
-  HSS Runner Recovery Zone
-  Medical Aid
-  Entertainment
-  Rising New York Road Runners at the New Balance Bronx 10 Mile
-  Volunteer Check-in
-  Parking
-  Metro-North Railroad