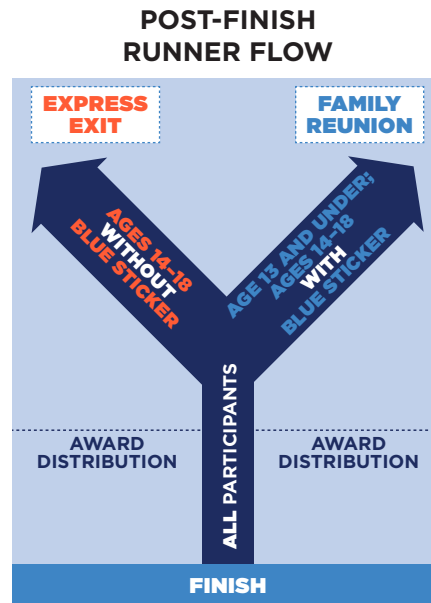




Rising New York Road Runners and New York Road Runners take the safety of participants in youth events very seriously. Follow the steps below to ensure a great experience for everyone at your child’s race.



### STEP 1: At Registration

Each child’s race bib comes with two claim tags, located on the bottom of the bib (see sample above), with numbers that match the bib number.

### STEP 2: Before the Start of the Race

Attach the race bib to the front of the outermost layer of your child’s clothing. Tear off the claim tags along the perforated line and hold on to them. The parent or guardian responsible for meeting the child after the race will need the matching tag in order to claim the child. (Two tags are provided in case more than one parent or guardian may be claiming the child.)

### STEP 3: At the Finish

After the race, all children age 13 and under and all children ages 14-18 wearing a bib with a blue sticker will be brought to the family reunion area (see diagrams above). To claim a child age 13 and under or a child age 14-18 wearing a bib with a blue sticker, a parent/guardian must present a claim tag that matches the child’s bib number. No child will be released to an adult who does not present a matching claim tag. Children ages 14-18 wearing a bib without a blue sticker may exit on their own.

HELP AND INSPIRE PEOPLE THROUGH RUNNING



## **FREQUENTLY ASKED QUESTIONS**

### **Can I run with my child?**

Rising New York Road Runners allows one parent or guardian to run with a child ages 2-4 in youth events. Please stay to the side or back in order to keep the course clear for unaccompanied children. If you wish to run with a child over age 4, please speak to the youth events captain at the start line before the start of the race; the captain will work with you and your child to ensure that everyone has a safe race.

Parents and guardians are not permitted to accompany children in our Stage 2 or Stage 3 events.

### **Can I run pushing a stroller or with a dog?**

For the safety of all participants and to satisfy insurance requirements, no strollers or animals are permitted in Rising New York Road Runners or New York Road Runners youth events.

### **Where are the start lines and when should my child report to the start?**

Please reference individual race pages for start locations and heat times for Stage 1, Stage 2, and Stage 3 groups at each event.

### **Can my child run in a Stage heat outside his/her actual age or gender (with a sibling, for example)?**

For the safety of all participants, Rising New York Road Runners and New York Road Runners recommended that children run in their appropriate divisions.

### **How can I watch my child run?**

You may stand behind the barriers along the course or in the Family Reunion area.