

# Guidelines for NYRR Kids' Races

Updated April 2012



NYRR takes the safety of the participants in kids' races very seriously. We have instituted the guidelines for our kids' races to ensure a great experience for kids and parents alike.

## THE RACE BIB



### Step 1: At Registration

Each child's race bib comes with two "claim" tags, located on the bottom of the bib (see sample above), with numbers that match you child's bib number.

### Step 2: Before the Start of the Race

Attach the race bib to the front of the outermost layer of your child's clothing. Tear off the "claim" tags along the perforated line, and hold onto them. The parent or guardian responsible for meeting the child after the race will need the matching tag in order to "claim" the child.

### Step 3: At the Finish

The parent or guardian responsible for retrieving the child must present a "claim" tag at the post-finish reunion area in order to be matched up with the child. Children will not be released to adults who do not present the appropriate "claim" tag.

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## FREQUENTLY ASKED QUESTIONS

### ***Can I run with my child?***

NYRR allows one parent or guardian to run with children ages 2 to 4.

The guardian running with a child should stay to the side or the rear of the pack (allowing those children running alone to have a clear course).

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### ***I would like to run with my child who is older than 4. What should I do?***

Please speak to the Kids' Race Captain at the start line before the start of the race. NYRR understands that there may be reasons why a guardian wants to run with a child older than 4. NYRR will work with the guardian to figure out a solution prior to race start time.

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### ***If I am running with my 2-4-year-old, can I run with a stroller? Can I run with a dog?***

For the safety of all participants and to satisfy insurance requirements, no strollers or animals are permitted in NYRR events.

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### ***Can my younger child run in my older child's division?***

### ***Can my older child run in my younger child's division?***

For the safety of all participants, NYRR recommends that children run in their appropriate age divisions.

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### ***In what order do the races start? What are the divisions?***

Races will be sent off in the following order:

- Girls age 2
- Boys age 2
- Girls ages 3-4
- Boys ages 3-4
- Girls ages 5-6
- Boys ages 5-6
- Girls ages 7-9
- Boys ages 7-9
- Girls ages 10-12
- Boys ages 10-12

**NOTE:** Above groups may be further broken down based on participant numbers.

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### ***Where are the start lines? When should I arrive? Where is the best place to watch my child run?***

Start lines, designated by age-group signage, will open 15 minutes prior to the first race. NYRR recommends that one parent or guardian stay with the child up until the Kids' Race Captain gives final instructions for their race. Make sure to have your child's "claim" tag before the race begins. During the race, position yourself along the course, being sure to stay behind the delineation, or in the post-finish reunion area.

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