2009 NYRR CLASS REGISTRATION FORM

Apply online at **www.nyrr.org/classes** or complete this form and send with payment to: **NYRR Classes, 9 East 89th Street, New York, NY 10128,** or fax (credit card payments only) to: **917.677.8841.**

NYRR Membership No.	E-mail Address
Last Name (ONLY ONE PERSON PER FORM)	First Name
Age Birth Date (month/day/year) Sex	Day Phone
Emergency Contact (required) Name	Phone
Mailing Address PLACE MAILING LABEL HERE	
City State (or country if not USA)	Zip Code
Exact Name of Team	

NEW YORK ROAD RUNNERS

WAIVER

Individually and/or, where applicable, on behalf of my child, I understand the risks inherent in participating in fitness/exercise activities, and hereby certify that I am (and/or my child is) medically able to participate in such activities and I/we hereby assume all risks incident to such activities. In consideration of your acceptance of this application, I (and/or my child) hereby waive and release New York Road Runners, Inc. ("NYRR"), Road Runners Club of America, the City of New York, its agencies and departments, the persons or entities conducting or sponsoring such activities and/or owning the facilities where such activities are conducted, and all of the officers, directors, employees and agents of the foregoing, from all present and future claims and liabilities of any kind, known or unknown, arising out of my (and/or my child's) participation in such activities or use of such facilities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing. I (and/or my child) hereby grant permission to NYRR to use or to authorize others to use any photograph or other record of my (and/or my child's) participation in such activities for any legitimate purpose without remuneration.

Signature (participant or parent) Date

JOIN NYRR

I want to ☐ join ☐ renew for a yearly membership fee of only $40.* (optional—not required for classes)

*Membership fees vary and are subject to change. Please visit www.nyrr.org/membership for details.

Membership Payment: $

BRIX BIKE RUN

START DATE

- ☐ 5/5 or 5/7 ☐ Tues. or Thurs. 6:00 a.m
- ☐ 6/23 or 6/25 ☐ Tues. or Thurs. 6:00 a.m
- ☐ 8/11 or 8/13 ☐ Tues. or Thurs. 6:00 a.m

PRICE PER SESSION (6 CLASSES)

Member: $135
Non-member: $160

Total: $

DEEP WATER RUNNING

START DATE	TIME		PRICE PER SESSION (7 CLASSES)
☐ 1/5	☐ Mon. 6:10 p.m. or	☐ 6:55 p.m	☐ Member: $140
☐ 1/7	☐ Wed. 6:45 p.m. or	☐ 7:30 p.m	☐ Non-member: $150
☐ 2/23	☐ Mon. 6:10 p.m. or	☐ 6:55 p.m	
☐ 2/25	☐ Wed. 6:45 p.m. or	☐ 7:30 p.m	
☐ 4/13	☐ Mon. 6:10 p.m. or	☐ 6:55 p.m	
☐ 4/15	☐ Wed. 6:45 p.m. or	☐ 7:30 p.m	
☐ 6/3	☐ Wed. 6:45 p.m. or	☐ 7:30 p.m	
☐ 6/8	☐ Mon. 6:10 p.m. or	☐ 6:55 p.m	
☐ 7/22	☐ Wed. 6:45 p.m. or	☐ 7:30 p.m	
☐ 7/27	☐ Mon. 6:10 p.m. or	☐ 6:55 p.m	
☐ 9/9	☐ Wed. 6:45 p.m. or	☐ 7:30 p.m	
☐ 9/14	☐ Mon. 6:10 p.m. or	☐ 6:55 p.m	
☐ 10/28	☐ Wed. 6:45 p.m. or	☐ 7:30 p.m	
☐ 11/2	☐ Mon. 6:10 p.m. or	☐ 6:55 p.m	

Total: $

HEALTHWALKING

START DATE	TIME		PRICE PER SESSION (4 CLASSES)
☐ 4/4 or 4/7	☐ Tues. 6:15 p.m. or	☐ Sat. 8:00 a.m.	☐ Member: $40
☐ 5/5 or 5/9	☐ Tues. 6:15 p.m. or	☐ Sat. 8:00 a.m.	☐ Non-member: $50
☐ 6/2 or 6/6	☐ Tues. 6:15 p.m. or	☐ Sat. 8:00 a.m.	☐ Member-twice/week: $80
☐ 9/5 or 9/8	☐ Tues. 6:15 p.m. or	☐ Sat. 8:00 a.m.	☐ Non-member-twice/week: $100
☐ 10/3 or 10/6	☐ Tues. 6:15 p.m. or	☐ Sat. 8:00 a.m.	

Total: $

PILATES+ FOR RUNNERS

START DATE	TIME		PRICE PER SESSION (8 CLASSES)
☐ 1/12 or 1/14	☐ Mon. 6:30 p.m. or	☐ Wed. 6:30 p.m.	☐ Member: $150
☐ 3/23 or 3/25	☐ Mon. 6:30 p.m. or	☐ Wed. 6:30 p.m.	☐ Non-member: $170
☐ 6/15 or 6/17	☐ Mon. 6:30 p.m. or	☐ Wed. 6:30 p.m.	☐ Member 2-session: $260
☐ 9/9 or 9/14	☐ Mon. 6:30 p.m. or	☐ Wed. 6:30 p.m.	☐ Non-member 2-session: $320

Total: $

RUNNERS BOOT CAMP

START DATE

- ☐ 3/19 ☐ Thurs. 6:30 a.m.
- ☐ 6/11 ☐ Thurs. 6:30 a.m.
- ☐ 9/10 ☐ Thurs. 6:30 a.m.

PRICE PER SESSION (8 CLASSES)

☐ Member: $120
☐ Non-member: $140

Total: $

STRENGTH AND FLEXIBILITY

START DATE (All classes start at 7:10 p.m.)

☐ 1/6	☐ 5/5	☐ 9/1
☐ 2/3	☐ 6/2	☐ 10/6
☐ 3/3	☐ 7/7	☐ 11/3
☐ 4/7	☐ 8/4	☐ 12/1

PRICE PER SESSION (4 CLASSES)

☐ Member: $50
☐ Non-member: $60

Total: $

PAYMENT

☐ Enclosed is my check payable to **NYRR**. Improperly written checks will be returned.
Please charge my: ☐ Visa ☐ MasterCard ☐ American Express

Total Payment: $

Credit Card # (debit cards not accepted)

Exp. Date (month/year)

Cardholder Signature