

2006 NYRR CLASS REGISTRATION FORM



Apply online at www.nyrr.org/classes or complete this form and send with payment to: **NYRR Classes, 9 East 89th Street, New York, NY 10128**, or fax (credit card payments only) to: **212.369.4704 or 212.831.1950**.

PARTICIPANT INFORMATION (Only one application per participant, please.)

NYRR Membership No.	
Name of Participant	
Birth Date (month/day/year)	E-mail
Address	
City	State Zip
Phone (day)	(evening)
If registering for NYRR City Sports for Kids, this information is required:	
Participant's School	Grade <input type="checkbox"/> Boy <input type="checkbox"/> Girl
Name of Parent(s)	

WAIVER

The undersigned, individually and, where applicable, on behalf of my child, understands the risks inherent in participating in fitness/exercise activities and hereby assumes all risks incident to such activities and, in consideration of your acceptance of this application, hereby waives and releases New York Road Runners Club, Inc. ("NYRR"), Road Runners Club of America, the City of New York, its agencies and departments, the persons or entities conducting such activities and/or owning the facilities where such activities are conducted, and all of the officers, directors, employees and agents of the foregoing, from all present and future claims and liabilities of any kind, known or unknown, arising out of my participation in such activities or use of such facilities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing. I grant permission to NYRR to use or to authorize others to use any photograph or other record of my participation in such activities for any legitimate purpose without remuneration to me.

Signature (participant or parent) _____ Date _____

JOIN NYRR

I want to join renew for a yearly membership fee of only \$35.* (optional—not required for classes)

*Membership fees vary for families, juniors/seniors, and special package deals. Please visit www.nyrr.org/membership or consult a membership application for details.

Membership Payment: \$

RUNNING CLASS	START DATE <input type="checkbox"/> 5/23 or 5/25 (#141) <input type="checkbox"/> 8/1 or 8/3 (#142) <input type="checkbox"/> 10/10 or 10/12 (#143)	LEVEL <input type="checkbox"/> beginner <input type="checkbox"/> advanced beginner <input type="checkbox"/> intermediate <input type="checkbox"/> advanced intermediate <input type="checkbox"/> basic competitive <input type="checkbox"/> competitive <input type="checkbox"/> advanced competitive <input type="checkbox"/> super-advanced competitive	DAY <input type="checkbox"/> Tues. <input type="checkbox"/> Thurs. <input type="checkbox"/> Tues. and Thurs.	PRICE PER SESSION <input type="checkbox"/> Member once/week: \$80 <input type="checkbox"/> Member twice/week: \$140 <input type="checkbox"/> Non-member once/week: \$90 <input type="checkbox"/> Non-member twice/week: \$180 <input type="checkbox"/> \$5 discount if registering for 2 or more sessions <input type="checkbox"/> \$10 late fee if registering later than one week prior to session start	Total: \$
IM=X PILATES	START DATE <input type="checkbox"/> 5/1 or 5/3 <input type="checkbox"/> 6/19 or 6/21 <input type="checkbox"/> 9/11 or 9/13 <input type="checkbox"/> 10/30 or 11/1	BEGINNER <input type="checkbox"/> Mon. 6:00 p.m. <input type="checkbox"/> Wed. 6:00 p.m. INTERMEDIATE <input type="checkbox"/> Mon. 7:20 p.m.		PRICE <input type="checkbox"/> Member one session: \$150 <input type="checkbox"/> Member two sessions: \$260 <input type="checkbox"/> Non-member one session: \$170 <input type="checkbox"/> Non-member two sessions: \$320	Total: \$
AGILITY AND ENDURANCE	START DATE <input type="checkbox"/> 6/7			PRICE PER SESSION <input type="checkbox"/> Member: \$120 <input type="checkbox"/> Non-member: \$140	Total: \$
STRENGTH AND FLEXIBILITY	START DATE <input type="checkbox"/> 5/2 (knee/leg) <input type="checkbox"/> 6/6 (abdominals) <input type="checkbox"/> 7/11 (pelvis)	<input type="checkbox"/> 8/8 (foot/ankle) <input type="checkbox"/> 9/5 (hip) <input type="checkbox"/> 10/3 (gluteals) <input type="checkbox"/> 11/7 (shoulder/neck) <input type="checkbox"/> 12/5 (knee/leg)		PRICE <input type="checkbox"/> Member one or two sessions (4 classes): \$50 each <input type="checkbox"/> Non-member one or two sessions (4 classes): \$60 each <input type="checkbox"/> Member three-session series (12 classes): \$140 total <input type="checkbox"/> Non-member three-session series (12 classes): \$170 total	Total: \$
DEEP WATER RUNNING	START DATE <input type="checkbox"/> 6/12 <input type="checkbox"/> 9/11 <input type="checkbox"/> 10/30		TIME <input type="checkbox"/> 6:10 p.m. or <input type="checkbox"/> 6:55 p.m.	PRICE PER SESSION <input type="checkbox"/> Member: \$110 <input type="checkbox"/> Non-member: \$120	Total: \$
BRIX BIKE-RUN	START DATE <input type="checkbox"/> 5/2 or 5/4 <input type="checkbox"/> 6/20 or 6/22 <input type="checkbox"/> 8/8 or 8/10	DAY <input type="checkbox"/> Tues. 6:00 a.m. <input type="checkbox"/> Thurs. 6:00 a.m.		PRICE PER SESSION <input type="checkbox"/> Member: \$125 <input type="checkbox"/> Non-member: \$140	Total: \$
Note: You may register for only one class per week.					
HEALTHWALKING	START DATE <input type="checkbox"/> 5/2 or 5/6 <input type="checkbox"/> 6/3 or 6/6	<input type="checkbox"/> 9/5 or 9/9 <input type="checkbox"/> 10/3 or 10/7		PRICE PER SESSION <input type="checkbox"/> Member: \$40 <input type="checkbox"/> Non-member: \$50	Total: \$
NYRR FOUNDATION CITY SPORTS FOR KIDS <small>(for children born 1992-2000)</small>	START DATE <input type="checkbox"/> 9/10			PRICE PER SESSION (non-refundable) <input type="checkbox"/> \$40 <input type="checkbox"/> \$_____ donation included (optional)	Total: \$

PAYMENT Enclosed is my check payable to **NYRR**. Improperly written checks will be returned.
 Please charge my: Visa MasterCard American Express

Total Payment: \$

Credit Card # Exp. Date
(month/year)
(debit cards not accepted)