



nyc half marathon

3.21.2010

Enter park at 97th Street or 102nd Street entrances

Start:

- East Drive near 95th Street inside Central Park
- One complete loop in Central Park (clockwise)
- Exit Central Park at 7th Avenue, proceed south on 7th Avenue
- Turn right at 42nd Street
- Turn right on West Side Highway
- U-turn at 44th Street onto southbound lane, continue south on West Side Highway

Finish:

- West Side Highway near Chambers Street

Post-Race Festival:

- North Cove Marina

As of March 11, 2010. For updates please check www.nyrr.org. To confirm transit information, www.mta.info.

MILE 1	Mile Markers		Toilets
5K	Kilometer Markers		Medical Aid Stations
	Race Route		Baggage
	Fluid Station • Water • Gatorade Endurance		Cheering Zone
	PowerBar Gel		Entertainment