

No refunds, changes, or transfers. One application per registrant. You may photocopy this form if you need additional entry blanks.

WAIVER:

I know that participating in NYRR events is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I am voluntarily entering and assume all risks associated with participating in the event, including, but not limited to, falls, contact with other participants, spectators or others, the effect of the weather, including heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. I grant to the Medical Director of this event and his designee access to my medical records and physicians, as well as other information, relating to medical care that may be administered to me as a result of my participation in this event. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release New York Road Runners Inc., Road Runners Club of America, USA Track & Field, the City of New York and its agencies and departments, the Metropolitan Athletics Congress, and all sponsors, and their representatives and successors, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities. I grant permission to the foregoing persons and entities to use or authorize others to use any photographs, motion pictures, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

NYRR Membership No.	Chip No. (owners only)	E-mail Address
Last Name (ONLY ONE PERSON PER FORM)		First Name
Race Day Age	Birth Date (month/day/year)	Sex
Race Day Emergency Contact (required)		Day Phone
Name		Phone
Mailing Address	PLACE MAILING LABEL HERE	
City	State (or country if not USA)	Zip Code
Exact Name of Team		

X _____
Signature (or parent's signature if under 18)

Check if using a wheelchair or handcycle (Check only one)

PLEASE NOTE: CENTRAL PARK RACES WILL BE CAPPED AT 5,000 PARTICIPANTS

Date (Check here to enter)	Event Name	Fee	NYRR Members	NYRR Junior/Senior Members	All Non-Members
Saturday, January 10 <input type="checkbox"/> 8:00 a.m.	NYRR Fred Lebow Classic (4M) (s) (q) Estimated pace per mile: _____	On or before December 26 December 27-January 9 Limited race-day entries ²	\$15 \$20 \$25 ³	\$8 \$14 \$15 ³	\$25 \$30 \$35
Sunday, January 25 <input type="checkbox"/> 8:00 a.m.	NYRR Half-Marathon Grand Prix Presented by Continental Airlines: Manhattan¹ (13.1M) (s) (q) Estimated pace per mile: _____	On or before January 10 January 11-24 Limited race-day entries ²	\$15 \$20 \$25 ³	\$8 \$14 \$15 ³	\$25 \$30 \$35
Sunday, February 1 <input type="checkbox"/> 9:00 a.m.	NYRR Gridiron Classic (4M) (s) (q) (Football throw competition is at 8:00 a.m.) Estimated pace per mile: _____	On or before January 16 January 17-31 Limited race-day entries ²	\$15 \$20 \$25 ³	\$8 \$14 \$15 ³	\$25 \$30 \$35
Sunday, February 8 <input type="checkbox"/> 8:00 a.m.	NYRR Half-Marathon Grand Prix Presented by Continental Airlines: Bronx¹ (13.1M) (s) (q) Estimated pace per mile: _____	On or before January 24 January 25-February 7 Limited race-day entries ²	\$15 \$20 \$25 ³	\$8 \$14 \$15 ³	\$25 \$30 \$35
Saturday, February 21⁴ <input type="checkbox"/> 9:00 a.m.	NYRR Al Gordon Snowflake 5K (s) (q) Estimated pace per mile: _____	On or before February 6 February 7-20 Limited race-day entries ²	\$15 \$20 \$25 ³	\$8 \$14 \$15 ³	\$25 \$30 \$35
Sunday, March 1⁴ <input type="checkbox"/> 9:00 a.m. <input type="checkbox"/> 10:00 a.m.	Coogan's Salsa, Blues, and Shamrocks Run 5K (s) (q) Kids' Races (ages 2-12; separate application required) Estimated pace per mile: _____	On or before February 14 February 15-28 Limited race-day entries ² Kids Races are \$6 in advance or \$8 on race day	\$15 \$20 \$25 ³	\$8 \$14 \$15 ³	\$25 \$30 \$35

Note: Please confirm race details including start times by checking www.nyrr.org or calling 212.860.4455.

(s) Scored race.

(q) Counts toward the races NYRR members as of January 2009 need to qualify for guaranteed entry to the ING New York City Marathon 2010.

¹ Note: Participants must be 12 years of age or older for NYRR events that are 10K and longer.

² Credit cards are not accepted after number pickup begins.

³ Members must bring their NYRR membership card on race day to receive member discount.

⁴ Only one application per participant, please.

All information is subject to change; please check the website for race updates.

TO APPLY ONLINE (credit card payments only) www.nyrr.org**

TOTAL PAYMENT \$ _____

**Fax and online registration for each race will close the Tuesday prior to the race at 11:59 p.m. (or earlier if the race has sold out). Entries received after that date will not be processed.

Enclosed is my check payable to NYRR. *Improperly written checks will be returned.*

PLEASE CHARGE MY: MASTERCARD VISA AMERICAN EXPRESS

Credit Card #

Expiration Date (must be April 2009 or later) month year

TO APPLY BY FAX** (credit card payments only)

Complete this form with your credit card information and fax it to New York Road Runners at 917.677.8841. Please do not call to confirm receipt of fax.

Cardholder Must Sign Here X _____

TO APPLY BY MAIL

Complete this form and mail this entry and your payment (check or credit card information) to: Jan-March Race Entries, New York Road Runners, 9 East 89th Street, New York, NY 10128. Entries received after a race has sold out will not be processed; fees will be returned.

Note that there will be no confirmation of your acceptance. Your canceled check or credit card statement is your receipt.