NYC Family Health Walk-A-Thon

Historic sites in Harlem

A **St. Nicholas Park** *128th St to 141st St, St. Nicholas Ave*

Bread & Roses High School W. 135th St

Gladys and Lionel Hampton Houses 129th St to 131st St

Chase Mural 135th St, between St Nicholas Ave and Frederick Douglass Blvd

St. Marks United Methodist Church W. 138th and Edgecombe Ave.

Hamilton Grange National Memorial W. 141st St, between St. Nicholas and Convent Avenues

St. James Presbyterian Church W. 141st St

B **West 135th Street** *St. Nicholas Ave to Malcolm X Blvd*

Strivers Gardens 135th St, between St Nicholas Ave and Fredrick Douglass Blvd

Walk of Fame Murals 135th St, between Fredrick Douglass Blvd and Adam Clayton Powell Jr. Blvd

Historic Small's Paradise 135th St and Malcolm X Blvd

Historic Harlem YMCA 181 W. 135th St

Schomburg Center for Research in Black Culture 135th Street and Malcolm X Blvd

C **West 139th Street** *Malcolm X Blvd to St. Nicholas Ave*

Fred Samuel Playground W. 139th St to 140th St and Malcolm X Blvd

P.S. 139 139th St, between Malcolm X Blvd and Adam Clayton Powell Jr. Blvd

Strivers Row of Historic District W. 138th to 139th St, between Adam Clayton Powell Jr. Blvd and Fredrick Douglass Blvd

1 Mile Markers

Race Route

R Registration

Water Stations

Toilets

Medical Aid Stations

Baggage

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