

Adam Clayton Powell Jr. Blvd. Lenox Ave.

West 110th St.

110th St.

East 110th St.

Central Park West

5th Avenue

Harlem Meer

2

The Pool

North Meadow Ballfields

West Park Drive

East Park Drive

West 100th St.

East 102nd St.

West 97th St.

East 97th St.

West 96th St.

East 96th St.

Poland Spring Marathon Kickoff
~ 5 Miles ~
October 26, 2014

1 Mile markers
 - - - 5 mile run
 Water stations/toilets

Race Day Central
 Water stations/toilets
 Medical aid stations
 Baggage
 Number pick-up
 Volunteers

NYRR
RUN FOR LIFE

West 90th St.

East 90th St.

The Reservoir

Guggenheim Museum

West 86th St.

East 85th St.

East 84th St.

Central Park West

5th Avenue

Great Lawn

Metropolitan Museum of Art

West 81st St.

East 79th St.

American Museum of Natural History

Turtle Pond

West Park Drive

East Park Drive

West 77th St.

The Ramble

Loeb Boathouse

West 72nd St.

East 72nd St.

Central Park West

5th Avenue

The Lake

Strawberry Fields

Mineral Springs

Bandshell

West 67th St.

East 66th St.

West 66th St.

East 65th St.

Race Day Central

START

Sheep Meadow

4

Tavern on the Green

FINISH

West 61st St.

East 59th St.

Columbus Circle

Central Park South

Grand Army Plaza

7th Ave.

6th Ave.

CURRENT AS OF 10/13/14