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**Centrowitz and Cain Look to Claim Crowns in NYRR Wanamaker Mile
at 106th Millrose Games**

*Men's field features strong mix of professional and collegiate athletes
Superior cast of collegiate runners to challenge Cain in women's competition*



Above at left, Matthew Centrowitz at the 2012 Millrose Games. Above right, Mary Cain leads the pack.
Photo credit Armory Photo

New York, January 22, 2013—After a victorious debut in the NYRR Wanamaker Mile at the 2012 Millrose Games, Matthew Centrowitz will return to defend his title this year on February 16. Centrowitz, who ran 3:53.92 last year, the fastest time ever in the Armory, will attempt to break Bernard Lagat's Wanamaker Mile record of 3:52.87.

Arguably America's top miler, Centrowitz is the 2011 IAAF World Championships bronze medalist at 1500 meters and finished fourth in the 2012 London Olympic 1500 meters this past summer. Also last year, he won the Fifth Avenue Mile Presented by Nissan, defeating Lagat and Olympic silver medalist Leo Manzano.

Centrowitz's top competitor will be two-time Olympian Lopez Lomong, the 2008 U.S. Olympic Team flag bearer. They will be challenged by a strong field of professional athletes, including Robby Andrews, who finished fifth in the 2012 Olympic Trials 1500 meters; Ryan Gregson, the Australian record holder for 1500 meters; and Miles Batty, who set an NCAA record of 3:54.54 at the NYRR Wanamaker Mile last year. Also entered are collegians Ryan Hill (North Carolina State), Lawi Lalang (University of Arizona), and Chris O'Hare (University of Tulsa), who will all be gunning for Batty's record.

Rounding out the field are 2012 Olympic steeplechaser Donn Cabral of the USA, Irish Olympian Ciarán O'Lionaird, world-class Americans Garrett Heath and Jordan McNamara and Mitch Goose, 2012 cross country All American from Iona College.

"I've never been this fit this early, it's really exciting for me," said Centrowitz. "I'm definitely going after Bernard Lagat's meet record; and, if the race goes really well, I could get Bernard's American record, too (3:49.89). Every year when you plan for the season you always plan for a few special meets you get excited for. Millrose is the one for my indoor season, especially now that it's in the Armory on such a great track. I really look forward to racing in New York in front of my friends and family and repeating as NYRR Wanamaker Mile champion."

High school standout Mary Cain of Bronxville, NY, will take on a field of top collegians and professionals. Cain, who is coached by three-time New York City Marathon champion Alberto Salazar, will try to break four records in the same race: the USA junior and high school marks for both 1500 meters and the mile. This month, Cain ran 9:02.10 for 3000 meters, the fastest time ever run by an American high school girl.

The women's field includes Abbey D'Agostino (Dartmouth), who placed fifth in the 2012 Olympic Trials at 5000 meters; Jordan Hasay (University of Oregon), the 2011 NCAA indoor mile and 3000-meter champion and Emma Coburn (University of Colorado), the reigning Olympic Trials 3000-meter steeplechase champion.

Among the professional women are Americans Ashley Higginson, Delilah DiCrescenzo, Kate Grace, Sarah Bowman, Emily Infeld, and Renée Tomlin, and Canadians Sheila Reid, Nicole Sifuentes, and Hilary Stellingwerff.

The 106th Millrose Games will be the second stop of USA Track & Field's nationally televised 2013 Indoor USATF Championship series. The meet will be shown live on ESPN3 and again on

ESPN at 8:00–10:00 p.m. (The time of the live ESPN3 coverage will be announced soon.)

The USATF Championship Series also includes the New Balance Indoor Grand Prix in Boston, MA, on February 2 and the USATF Indoor Track & Field Championships in Albuquerque, NM, on March 1–2.

Tickets to the 106th Millrose Games can be purchased online by going to the website link below; for group sales, call the Armory at 212.923.1803 (extension 7010 or 7037).

Media Credentials: Media representatives wishing to cover the 106th Millrose Games should apply online at <http://www.armorytrack.com/Credential>.

Go to www.millrose-games.org for further information about the Armory and the Millrose Games, and to www.usatf.org for further information about USA Track & Field.

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About The Armory Foundation

The Armory is a New York City nonprofit institution which each season hosts over 100 track & field meets and welcomes more than 125,000 individual athletes. The Armory for the second consecutive year is the proud home of the Millrose Games. Besides its many youth sports and educational programs, the Armory runs the Hispanic Games, the New Balance Games, and the Armory Collegiate Invitational, the largest indoor college meet in the United States. The Armory is also the home to the National Track & Field Hall of Fame.

About USA Track & Field (USATF)

USATF is the National Governing Body for track and field, long-distance running, and race walking in the United States. USATF encompasses the world's oldest organized sports, the most-watched events of Olympic broadcasts, the No. 1 high school and junior high school participatory sport, and more than 30 million adult runners in the United States. Led by President Stephanie Hightower and CEO Max Siegel, USATF is a volunteer-driven, not-for-profit organization with a staff of professional program administrators at the National Office in Indianapolis.

About NYRR

New York Road Runners was founded in 1958 when a small group of passionate runners vowed to bring running to the people. Over the past 54 years, NYRR has grown from a local running club to the world's premier community running organization. NYRR's mission is to empower everyone, of all ages and abilities—beginners and competitive athletes, the young and the elderly, adult professionals and underserved schoolchildren—to improve their health and well-being through the power of running and fitness. NYRR's races, community events, instruction and training resources, and youth programs give hundreds of thousands of people each year the motivation, know-how, and opportunity to start running and keep running for life. NYRR's premier event, the famed ING New York City Marathon, attracts the world's top pro runners and committed amateurs alike while also raising millions of dollars annually for charity and driving economic impact for the City. But NYRR is equally committed to the runners of tomorrow, passionately providing youth fitness programs that educate and inspire more than 100,000 kids in underserved communities in New York City, all 50 states, and around the world. Headquartered in New York City, NYRR implements a unique nonprofit model that teams contributed and earned income to make all its efforts possible. To learn more, please visit www.nyrr.org.